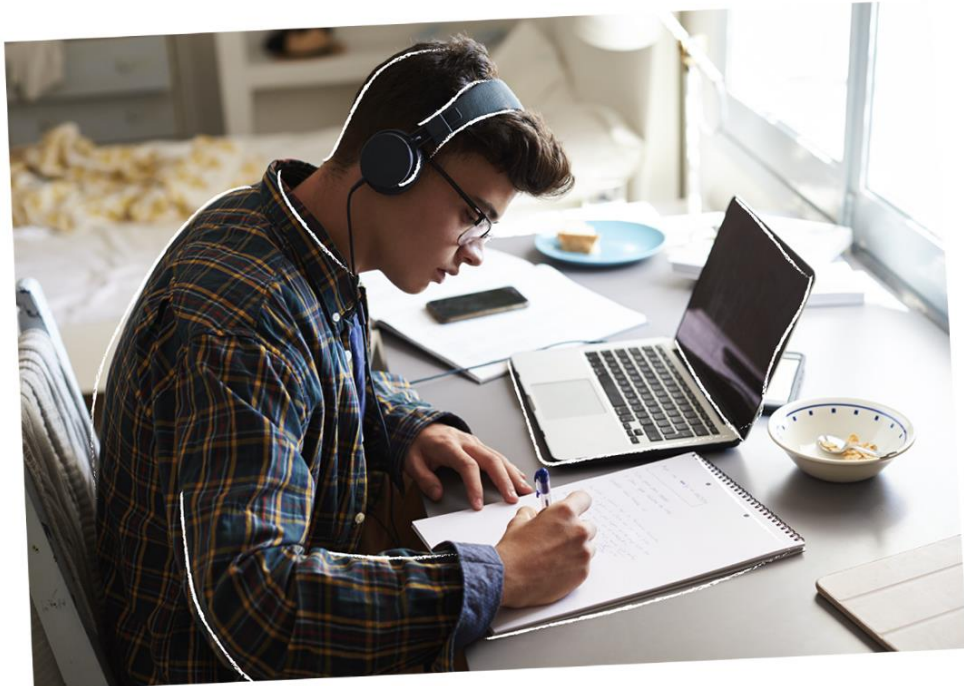


THE AUTISTIC GUIDE TO STARTING COLLEGE

ASIAM.IE



Workload

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WORKLOAD

Workload can vary across different types of programmes. In a programme like Engineering or science subjects, you may be on campus and in lectures from 9 to 5 p.m. every day. In another programme like an Arts degree learning French and German you may be on campus three days a week. The timetable for your coursework is set up according to the way the modules are taught. The structure of the programme is usually available online for you to explore. You can see how many modules are taught each semester and how they are delivered. You can email a Chair in advance to ask how many days a week are you required to be on campus? They will be happy to answer your questions.



The coursework for each programme will also vary. Generally, you will attend a mix of lectures and tutorials over each semester. You may also have workshops where you learn a practical skill like how to use a software programme or a piece of equipment. These practical sessions are often delivered as small group workshops. This is because there may be a limitation on how many people can use computers or other equipment at a time, or simply the size of the room. Lectures tend to be timetabled for 2 hours. It is up to lecturers how they use this time. Some lecturers may use the full 2 hours and give you a short break in the middle. Some lecturers will lecture for 1 hour and 40 minutes and let you leave 20 minutes before the end. As a general rule you should have a ten-minute break for each hour of lectures. Lecturers will leave time for you to move around the campus to get to your next session. Use your time in between lectures to use the library, attend your clubs and societies and to discuss, debate, study, and socialise!

Lecturers may use a variety of teaching strategies in a session. You may sit and listen and take notes while a lecturer speaks and uses a presentation software like PowerPoint. You may be sitting in a classroom type environment where a lecturer will use discussion to explore a topic with you and others in the group. You may be asked to work in pairs or in small groups on an activity or a discussion and then to feedback your answers to all in the year group.



You will be expected to study outside of your lectures. The lecturer will make clear what they expect you to do in terms of readings or revising your learning from lectures. If you are not clear about what you should be doing, you can stay behind after lectures and ask the lecturer. Or you can email the lecturer separately and seek clarification.